

Rainbow Hearts

Red Heart Super Saver worsted (5 oz/141g – 236 yds/215m) in MEXICANA (approx 3 yds per heart).

US F-5 / 3.75mm.

I use the magic loop method to start this heart.

With the end of the yarn to the LEFT, wrap the yarn clockwise over your three middle fingers to make a loop over your three center fingers, crossing the yarns at the top leaving approximately 3” of a tail beyond the yarns crossing. Holding tight to the crossing, take the hook under the crossing and catch the working yarn to start a chain. Ch 3.

Work 3 tr through the loop making sure you go around BOTH strands of the loop. Be careful to not catch the two strands of the loop. Slide the stitches towards the chain and pull up the loop a little. This is the first bump of the heart.

Work 3 dc again making sure you go around BOTH strands of the loop. Slide the stitches toward the others, pulling gently on the loop strands, you may need to pull on the tail end a bit to keep working over a double strand loop. This is the first side of the heart

Work next 5 stitches as follows: sc, dc, tr (the bottom point of the heart), dc, sc. Always be sure to go around BOTH strands of the loop. Slide all the stitches towards the previous, pulling on the tail end to make the loop smaller (this will make it easier when you need to close the loop up at the end).

Work 3 dc. Slide stitches against previous. Second side of heart.

Work 3 tr. Second bump of heart.

Ch 3, slst through loop. Carefully pull tail end until the center is tight and closed. Insert hook through center of heart and slip stitch using the TAIL end through the last chain. Pull working yarn to catch and tighten down on the tail end. Cut working yarn to match length of tail end and tie a figure 8 knot.

You should have a small, firm, rainbow heart!

NOTE: Make sure your tension is not too tight going around the double strand of the magic loop. It will make it very difficult to close up the heart at the end. Cinching up the stitches as you go will help keep the loop yarn from peeking through and will give the best “closed” center. Use consistent tension so your heart has a nice symmetrical shape.



ch = chain **dc** = double crochet **sc** = single crochet **slst** = slip stitch **tr** = triple crochet