Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing: set it to print pages 2 to 3.

If your printer doesn't print both sides by itself: set it to print several of page 2, then turn them over and run them through the printer again printing page 3 on the backs. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the corner of the tag. Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight (176g/m^2) card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

Our quotes are only to be used for the Peyton Heart Project.
The hearts should never be sold. They are always FREE.

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,
The Peyton Heart Project
March 27, 2017
Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.

♥ Leve-me!	♥ Leve-me!	♥ Leve-me!	♥ Leve-me!
A bondade é importante. #PeytonHeartProject©	*A tua v ida importa.* #PeytonHeartProject©	*Acredita em ti mesmo.* #PeytonHeartProject©	*Ama a tua vida.* #PeytonHeartProject©
Ama a vida. #PeytonHeartProject©	*O amor muda tudo.* #PeytonHeartProject©	*Tu és uma pessoa amada.* #PeytonHeartProject©	*Tu és uma pessoa linda.* #PeytonHeartProject©
Acredita em milagres. #PeytonHeartProject©	*O amor está ao teu redor.* #PeytonHeartProject©	*Tu fazes com que o mundo seja um local lindo.* #PeytonHeartProject©	*Tudo é possível.* #PeytonHeartProject©
A bondade é importante. #PeytonHeartProject©	*A tua v ida importa.* #PeytonHeartProject©	*Acredita em ti mesmo.* #PeytonHeartProject©	*Ama a tua vida.* #PeytonHeartProject©
Ama a vida. #PeytonHeartProject©	*O amor muda tudo.* #PeytonHeartProject©	*Tu és uma pessoa amada.* #PeytonHeartProject©	*Tu és uma pessoa linda.* #PeytonHeartProject©
Acredita em milagres. #PeytonHeartProject©	*O amor está ao teu redor.* #PeytonHeartProject©	*Tu fazes com que o mundo seja um local lindo.* #PeytonHeartProject©	*Tudo é possível.* #PeytonHeartProject©
A bondade é importante. #PeytonHeartProject©	*A tua v ida importa.* #PeytonHeartProject©	*Acredita em ti mesmo.* #PeytonHeartProject©	*Ama a tua vida.* #PeytonHeartProject©
Ama a vida. #PeytonHeartProject©	*O amor muda tudo.* #PeytonHeartProject©	*Tu és uma pessoa amada.* #PeytonHeartProject©	*Tu és uma pessoa linda.* #PeytonHeartProject©

Acabaste de encontrar um coração!

É teu e é para tu guardares! Por favor, tira uma fotografia do coração e envia-a por **e-mail** para YouAreTrulyBeautiful@yahoo.com Coloca o hash tag *#PeytonHeartProject*, com a cidade/estado/país, nas seguintes redes sociais:

peyton_heart_project

ThePeytonHeartProject

PeytonHeart13

Visita-nos em **www.ThePeytonHeartProject.org** para saberes mais sobre nós. Não te esqueças: és uma pessoa fantástica. Agora passa adiante.