

Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. Although people in every country are welcome to join us we would love to hear if you will be scattering hearts in countries outside of the US, Canada, The Netherlands or Australia. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts because a small child might find the heart and it could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer does automatic double-sided printing: set it to print pages 2 to 9.

If your printer doesn't print both sides by itself: set it to print pages 2, 4, 6, & 8, then turn them over and run them through the printer again printing page 9 on the backs of all three pages. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the corner of the tag. Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight card stock. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.
The hearts should never be sold. They are always FREE.**

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,
The Peyton Heart Project
July 7, 2017

Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.

<p>♥ Take Me! <i>Find the extraordinary in the ordinary.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Beautiful minds inspire others.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Live for the moments you can't put into words.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Live for the moments you can't put into words.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Love is more powerful than hate.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Love is more powerful than hate.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>No act of kindness is ever wasted.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>No one is you, and that is your power.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>No one is you, and that is your power.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Spread your wings and learn to fly.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>You make the world a beautiful place.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>You make the world a beautiful place.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>You're a magnet for miracles.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Your eyes are the windows to your soul.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>"Hope is a waking dream." ~Aristotle</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>"Still, I rise." ~ M. Angelou</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Always choose kindness.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Always choose kindness.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Always find reasons to smile.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Aspire to Inspire.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Aspire to Inspire.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be a light in the dark.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be always blooming.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be the peace you seek.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Be the peace you seek.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be true to you.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be your own kind of beautiful.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Be your own kind of beautiful.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Beauty is everywhere.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Believe in love.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Believe in miracles.</i> #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Believe in the kindness of others.</i> #PeytonHeartProject[©]</p>

<p>♥ Take Me! <i>Believe</i> in yourself. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Capture the beauty</i> in every moment. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Collect</i> beautiful moments. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Create love</i> in every moment. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Create your</i> own path. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Create your</i> own sunshine. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Cultivate</i> kindness. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Cultivate</i> kindness. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Dance like no</i> one's watching. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Do what makes</i> your soul shine. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Do what makes</i> your soul shine. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Do what you love.</i> #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Dream deeper</i> than the ocean. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Dream</i> without limits. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Embrace</i> the possibilities. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Embrace</i> who you are. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Embrace</i> your beautiful life. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Enjoy</i> life's pleasures. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Every day</i> is a gift. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Every day</i> is a second chance. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Everyone</i> deserves love. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Everything</i> is possible. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Follow</i> your bliss. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Follow</i> your dreams. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Follow</i> your heart. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Go where your</i> spirit leads you. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Inspiration is</i> all around you. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Inspire</i> someone today. #PeytonHeartProject[©]</p>
<p>♥ Take Me! <i>Keep your</i> sense of wonder. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Keep your</i> sense of wonder. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Kindness is</i> contagious. #PeytonHeartProject[©]</p>	<p>♥ Take Me! <i>Kindness is</i> contagious. #PeytonHeartProject[©]</p>

<p>♥ Take Me!</p> <p><i>Kindness is free.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Kindness matters.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Kindness will set you free.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Let there be love.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Let your beauty unfold.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Let your light shine.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Life is amazing!</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Life is precious.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Life's possibilities are endless.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Listen to your heart.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Live fearlessly.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Live in the moment.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Live life with confidence.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Live the life you've imagined.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Live your life for you.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love changes everything.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Love endlessly.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love has no limits.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love is all around you.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love is infinite.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Love life.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love reflects love.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Love the life you live.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Measure your life in love.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Peace is always beautiful.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Peace is always beautiful.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Positive energy can heal the world.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Rejoice in life's beauty.</i></p> <p>#PeytonHeartProject[©]</p>
<p>♥ Take Me!</p> <p><i>Say yes to new adventures.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Say yes to new adventures.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Scatter kindness.</i></p> <p>#PeytonHeartProject[©]</p>	<p>♥ Take Me!</p> <p><i>Scatter kindness.</i></p> <p>#PeytonHeartProject[©]</p>

<p>♥ Take Me! Smile often & love always. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Speak kindly to yourself. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Speak kindly to yourself. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Spread love each day. #PeytonHeartProject[©]</p>
<p>♥ Take Me! Take time to dream more. #PeytonHeartProject[©]</p>	<p>♥ Take Me! The best is yet to be. #PeytonHeartProject[©]</p>	<p>♥ Take Me! The world needs more love. #PeytonHeartProject[©]</p>	<p>♥ Take Me! The world needs you. #PeytonHeartProject[©]</p>
<p>♥ Take Me! The world needs you. #PeytonHeartProject[©]</p>	<p>♥ Take Me! There is always light to be found. #PeytonHeartProject[©]</p>	<p>♥ Take Me! There's no wrong way to be you. #PeytonHeartProject[©]</p>	<p>♥ Take Me! There's no wrong way to be you. #PeytonHeartProject[©]</p>
<p>♥ Take Me! Tomorrow brings new hope. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Trust the magic of new beginnings. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Trust the magic of new beginnings. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Trust your soul. #PeytonHeartProject[©]</p>
<p>♥ Take Me! We rise by lifting others. #PeytonHeartProject[©]</p>	<p>♥ Take Me! We rise by lifting others. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You are a burst of beautiful. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You are a gift to the Universe. #PeytonHeartProject[©]</p>
<p>♥ Take Me! You are limitless. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You are loved. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You are truly beautiful. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You are worth it. #PeytonHeartProject[©]</p>
<p>♥ Take Me! You are worth it. #PeytonHeartProject[©]</p>	<p>♥ Take Me! You deserve happiness. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Your journey will be worth it. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Your journey will be worth it. #PeytonHeartProject[©]</p>
<p>♥ Take Me! Your life is your message. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Your life matters. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Your life matters. #PeytonHeartProject[©]</p>	<p>♥ Take Me! Your soul is made of stars. #PeytonHeartProject[©]</p>

