

Thank you for wanting to help make and scatter Peyton Heart Project hearts in your area. We are eager to know if you will be scattering hearts in locations that we don't already have many people scattering hearts in. We love updating our world map and want to know which countries we should add.

The hearts you make should be about 2 inches by 2.5 inches (5cm-6cm) in size with **two** strands of 5 inches (12cm) each coming from the **center of the top** of the hearts that you tie together into an overhand or figure eight knot (not a granny knot or square knot) before you attach the tags. Please do not make this loop long enough for a child to wear as a necklace. A child could become entangled in it. The hearts should be bright colors – not black. **Please do not attach buttons, beads, etc. to the hearts or the tags because a small child might find the heart and the embellishments could present a choking hazard.**

Below are the pages for the fronts and backs of the tags for the Peyton Heart Project. If your printer can do automatic double-sided printing: set it to print pages 2 to 9.

If your printer can't print both sides automatically: set it to print pages 2, 4, 6, & 8, then turn them over and run them through the printer again printing page 9 on the backs of all four pages. Make sure the same edge is up on both sides.

Use a hole punch to place a hole in the corner of the tag (avoiding the words on both sides). Then, attach the tags to the hearts. We use brightly colored card stock for our tags. It helps them get noticed when they are left in public places. Only use thick paper to print out the tags please. At least **"65lb"** weight **cardstock**. Regular 20-24lb copy paper is just not strong enough.

Have fun and please take some photos along the way. Be sure to share them on our Facebook page or Instagram/Twitter. Be sure to mention that you are scattering the hearts when you post the photos. When posting on social media please add the hashtag #PeytonHeartProject to your photos.

**Our quotes are only to be used for the Peyton Heart Project.  
The hearts should never be sold. They are always FREE.**

For further information and updates to our guidelines, please go to our Facebook page where you can find the updated answers to our Frequently Asked Questions. You can find this post in our "notes" section on the left of our main page. Thank you.

Sincerely,  
The Peyton Heart Project  
**July 11, 2017**

**Please do not alter the files in any way. This includes changing any quotes; changing the layout; changing the font; changing any colors; adding or deleting icons.**

*Find the extraordinary  
in the ordinary.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Beautiful  
minds inspire others.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live for the moments  
you can't put into words.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live for the moments  
you can't put into words.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love is more  
powerful than hate.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*No act of  
kindness is ever wasted.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*No one is you,  
and that is your power.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Spread your  
wings and learn to fly.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You make the  
world a beautiful place.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You're a  
magnet for miracles.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Your eyes are the  
windows to your soul.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*"Hope is a waking  
dream." ~Aristotle*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*"Still, I rise."  
~ M. Angelou*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Always  
choose kindness.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Always find  
reasons to smile.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Aspire to Inspire.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Aspire to Inspire.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be a light  
in the dark.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be always  
blooming.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be the peace  
you seek.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be the peace  
you seek.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be true to you.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Be your own  
kind of beautiful.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Beauty  
is everywhere.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Believe in love.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Believe in miracles.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Believe in the  
kindness of others.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Believe  
in yourself.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>



*Capture the beauty  
in every moment.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Collect  
beautiful moments.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Create love  
in every moment.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Create your  
own path.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Create your  
own sunshine.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Cultivate  
kindness.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Cultivate  
kindness.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Dance like no  
one's watching.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Do what makes  
your soul shine.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Do what makes  
your soul shine.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Do what you love.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Dream deeper  
than the ocean.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Dream  
without limits.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Embrace  
the possibilities.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Embrace  
who you are.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Embrace  
your beautiful life.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Enjoy  
life's pleasures.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Every day  
is a gift.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Every day  
is a second chance.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Everyone  
deserves love.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Everything  
is possible.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Follow  
your bliss.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Follow  
your dreams.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Follow  
your heart.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Go where your  
spirit leads you.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Inspiration is  
all around you.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Inspire  
someone today.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*

*Keep your  
sense of wonder.*

*In Loving Memory of  
Sean Michael Flynn*

*December 1998-September 2017*

*#PeytonHeartProject*



*Kindness is contagious.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Kindness is contagious.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Kindness is free.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Kindness matters.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Kindness will set you free.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Let there be love.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Let your beauty unfold.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Let your light shine.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Life is amazing!*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Life is precious.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Life's possibilities are endless.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Listen to your heart.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live fearlessly.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live in the moment.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live life with confidence.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live the life you've imagined.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Live your life for you.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love changes everything.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love endlessly.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love has no limits.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love is all around you.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love is infinite.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love life.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love reflects love.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Love the life you live.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Measure your life in love.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Peace is always beautiful.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Peace is always beautiful.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>



*Positive energy  
can heal the world.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Rejoice in  
life's beauty.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Say yes to  
new adventures.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Scatter kindness.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Smile often  
& love always.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Speak  
kindly to yourself.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Spread love  
each day.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Take time  
to dream more.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*The best is  
yet to be.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*The world  
needs more love.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*The world  
needs you.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*There is always  
light to be found.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*There's no wrong  
way to be you.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Tomorrow  
brings new hope.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Trust the magic  
of new beginnings.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Trust your soul.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*We rise by  
lifting others.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are a  
burst of beautiful.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are a gift  
to the Universe.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are limitless.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are loved.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are  
truly beautiful.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You are worth it.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*You deserve  
happiness.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Your journey  
will be worth it.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Your life  
is your message.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Your life matters.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>

*Your soul is  
made of stars.*

In Loving Memory of  
Sean Michael Flynn  
December 1998-September 2017  
#PeytonHeartProject<sup>®</sup>



